

Uniforms & School Clothing (rev 7/07)

Students in Kindergarten through Eighth Grades wear the school uniform on **all** school days (unless otherwise noted). Uniform exchange is operated by the PTA. Used uniforms in good condition may be available for purchase or exchange. Contact the School Office to make arrangements for uniforms. If you have items to donate, please bring them to the School Office. Pants, shorts, shirts, and sweaters can also be purchased from [Dennis Uniform Company](#), at 105 SE Hawthorne Boulevard, Portland, OR 97214, near Water Avenue. Their telephone number is 503-234-7431. Uniform items may be purchased elsewhere only if color and style match uniform requirements. If you have questions about the color or style, please stop by the office for a look at samples. Ordering from Land's End mail order, you may also have our logo placed on any upper body garment.

Boys' Uniforms	
Pants:	Tailored pants with zipper front; navy blue; no jeans, jeans style or cargo style. Dennis Uniform Co.: #70000 (twill), #72000 (corduroy)- Elastic waist is also acceptable.
Shorts:	Tailored walking shorts with zipper front; navy blue; no jeans or cargo style. Dennis Uniform Co.: #40600 Solid navy blue walking style shorts (fitted at the waist), and must be no more than three inches above the knee and may not be any longer than the top of the knee cap.
Shirts:	Solid white, short or long sleeves; collar or turtleneck; small logos, no T-shirt style Dennis Uniform Co.: #2900 oxford cloth (white only); #8300 polo; #8100 turtleneck All shirts must fit at the shoulders in white only. Shirts MUST be tucked in.
Sweaters/sweatshirts:	Solid primary red vests, cardigans or pullovers Dennis Uniform Co.: #66000 vest; #65300 crew neck pullover; #65000 v-neck pullover; #63000 cardigan Red pullover sweatshirts- without HOOD are also acceptable
Fleece vests:	Red fleece vests may be worn in place of sweaters. Red must be consistent with school color to assure style consistency. If you have questions about the correct shade of red , please stop by the office for a sample.
Shoes and Socks:	Shoes must offer firm support and resist slipping for active play. Black, white or navy only. Shoes must be secure on the feet and have a closed toe. Combat boots, hiking shoes, or high-heeled shoes are not allowed. Athletic shoes (tennis shoes) MUST have both a closed toe and a closed heel to be worn for all PE classes. Solid white, or navy blue socks , must be worn with all shoes. Socks must be visible above the shoe. NO HEELIES.
Jewelry:	Watches, rings and studs for pierced ears. Small necklaces or religious scapulars are also acceptable for students.
Ties	Ties are optional and may be worn in solid red, solid blue or any blue and red striped combination.- The tie must be tied properly and not be longer than waist line of pants.
Outerwear:	Any coat, sweater or sweatshirt may be worn for warmth outdoors but may not be worn in the classroom. NO Hoods or overcoats in the classroom

Girls' Uniforms

Skirts/ skorts:	Dennis Uniform: navy blue #318160 Bib front, box-pleated skirt ; #008680 Box-pleated skirt without bib #011400 Skort; Tights, bike shorts or PE type shorts must be worn under skirts , and must be navy blue. Jumpers are also acceptable, Navy blue only
Pants:	Tailored pants with zipper front; navy blue; no jeans, jeans style or cargo style. Dennis Uniform Co.: #40400 (twill) Elastic waist is also acceptable.
Shorts/capri's:	Tailored walking shorts or capri's with zipper front; navy blue only; no jeans or cargo style. Dennis Uniform Co.: #40500 Solid navy blue walking style shorts (fitted at the waist), must be no more than three inches above the knee. Elastic waistband is also acceptable.
Shirts:	Solid white; short or long sleeves must have collar or turtleneck; small logos only, no T-shirt style. Dennis Uniform Co.: #2897 oxford cloth; #8300 polo; #8100 turtleneck Polo shirts and turtlenecks same as boys-white only-All shirts must fit at the shoulders. Shirts must be tucked in.
Sweaters/sweatshirts:	Solid primary red vests, cardigans or pullovers Dennis Uniform Co.: #66000 vest; #65300 crew neck pullover; #65000 v-neck pullover; #63000 cardigan Red pullover sweatshirts- without HOOD are also acceptable
Fleece vests:	Red vests may be worn in place of sweaters. Red must assure color and style consistency. . If you have questions about the correct shade of red , please stop by the office for a sample
Shoes and Socks:	Shoes must offer firm support and resist slipping for active play. Black, white or navy only. Shoes must be secure on the feet and have a closed toe. Combat boots, hiking shoes, or high-healed shoes are not allowed with pants or skirts. Athletic shoes (tennis shoes) MUST have both a closed toe and a closed heel and must be worn for all PE classes. Solid white, or navy blue socks, tights or stockings must be worn with all shoes. Socks must be visible above the shoe. NO HEELIES
Jewelry:	Watches, rings; and studs for pierced ears. No drop earrings. Small necklaces or religious scapulars are also acceptable.
Ties:	Ties are optional and may be worn in solid red, solid blue or any blue and red striped combination.- The tie must be tied properly and not be longer than waist line of pants.
Outerwear:	Any coat, sweater or sweatshirt may be worn for warmth outdoors but may not be worn indoors. NO HOODS in the classroom

General Uniform Information

1. Hair is to be clean, **neatly groomed** and **not interfere with eyesight**. Extreme fads in cuts, styles, or designs are not acceptable. Two toned bleached hair and hair of an unnatural hair color is not allowed.
2. Make-Up: Light make-up is acceptable **for 8th grade only**. Glitter (of any kind) or heavily applied make-up is not acceptable (eyeliner, mascara, lipstick, etc.) and student will be asked to remove it.

Tatoos, henna designs, face painting or other writing on hands, arms, legs or other visible places are not acceptable. Please remove them thoroughly before school.
3. Jewelry: Piercings are acceptable only if located in the ear lobes. Other body piercings may not be visible. Necklaces and bracelets must not be distracting. **Dog-type collared jewelry, studded wristbands, wallet chains, ropes, studs, are not allowed.**
4. **No hats, caps, visors, bandanas or sunglasses are to be worn in the building.**

***Please note –Any shirt worn under the uniform shirt must be solid white without printing of any kind.** In addition, the uniform shirt must be completely covering the undershirt (the top two buttons on the uniform shirt may be opened to expose the undershirt, but the undershirt may not be hanging out of either the sleeves nor the bottom of the uniform shirt.)

PE Uniform (7th and 8th grade required t-shirt, other grades optional or T-shirt only):

- Shirt: All PE T-Shirts must have a CHPCS Logo or name
- Shorts: Dennis Uniform mesh shorts or PE shorts navy blue
- Shoes and Socks: Athletic socks, athletic/tennis shoes.

Eighth Grade Attire -

In addition to the uniform code listed above, the eighth grade students will have the opportunity to design and purchase a special eighth grade graduation t-shirt or sweatshirt during the last quarter of each school year. This top (t-shirt and sweatshirt) may be worn as part of the daily uniform during the fourth quarter. A design contest is held in late January with the order form being sent home sometime in early February. Only members of the graduating class represented by that particular shirt may wear this top as part of the uniform or spirit dress days. It may not be worn by family or friends as part of the uniform or spirit dress days unless they are members of the same graduating class.

Friday Elective Classes-

If students or staff are on campus for Friday electives they may wear their school uniform **OR** School logo's red t-shirts and khaki pants or navy uniform pants.(no jeans, or cargo) which follow the same style guidelines as regular school days. If a class is on campus for a field trip day, the uniform of the day will be assigned by the teacher. If it is not assigned by the teacher, Friday elective class uniform is in effect.

Formal Dress - Graduation

In keeping with appropriate dress and respect for certain events and occasions, Cascade Heights Middle School's Graduation (For 8th grade and Kindergarten) is a formal dress day. Students are expected to adjust to the special dress code guidelines:

Girls' Graduation Attire

- Dressy skirt and a blouse, dress shirt and/or sweater, dress shoes
- Dress slacks and a blouse, dress shirt and/or sweater, dress shoes
- Dress and dress shoes
- If you wear a dress or shirt without sleeves to graduation, please bring a sweater or covering of some sort to wear.

The following guidelines are used to determine appropriate dress:

- Clothing should be neat, tasteful and hemmed. Skirts, dresses, or slits can be no more than two inches above the knee. Dresses must have sleeves and modest necklines. Stomachs and backs must be covered.

- All shirts and blouses must have sleeves and a modest neckline. No sheer, midriff, tight, or clingy tops. No stomach or back skin can show when both arms are raised above shoulder height. Sleeves should extend at least three inches down the arm beyond the edge of the shoulder.

Boys' Graduation Attire

- Dress slacks, dress shirt and/or sweater, dress shoes
- Ties and/or blazers are optional but are strongly encouraged.

Free Dress

There are no "free dress days"

Students in violation of the dress code will be sent to the school office and asked to call home to request that parents provide appropriate garments.

Should you have any questions regarding the uniform, please feel free to contact –Holly Denman, Principal, Cascade Heights Public Charter School. 503-653-3996 or h.denman@comcast.net